

## **OSHA 10-HOUR & 30-HOUR CONSTRUCTION**

Safety Resources is offering both **OSHA 10-Hour** and **OSHA 30-Hour Construction**, taking place over the course of 6 weeks, meeting every Wednesday. The first two weeks cover OSHA 10-Hour Construction, with the final four weeks covering the additional 20 hours. Lunch is provided during the one-hour break.

## PRIMARY TOPICS

OSHA 29CFR1926 Standard

Introduction to OSHA

• Focus Four Hazards

PPE

Health Hazards in Construction

• Material Handling

Hand Tools & Power Tools

Electrical Hazards

Fall Protection

Excavations

Motorized Mobile Platforms

Forklift Hazards

Competent Persons

LOCATION: SAFETY RESOURCES

1938 WINDSOR DRIVE SALISBURY, MD 21801

DATES:

10-HOUR WEDNESDAY, FEBRUARY 12, 2020 10-HOUR WEDNESDAY, FEBRUARY 19, 2020 30-HOUR WEDNESDAY, FEBRUARY 26, 2020 30-HOUR WEDNESDAY, MARCH 4, 2020 30-HOUR WEDNESDAY, MARCH 11, 2020 30-HOUR WEDNESDAY, MARCH 18, 2020

TIME: 11:00 AM TO 5:00 PM

COST— \$200/PERSON

**10-HOUR:** \$175/PERSON (CONTRACT CLIENT RATE)

COST— \$500/PERSON

**30-HOUR:** \$450/PERSON (CONTRACT CLIENT RATE)

## **DETAILS**

Upon successful completion of this two-day or six-day course, a copy of the training log will be provided to students. OSHA 10-Hour & 30-Hour cards are mailed (3-4 week delivery). We recommend having cards mailed to a central office to make copies, as there is a cost for replacement.

OSHA 10-Hour Construction & 30-Hour Construction cards do not expire.

## **REGISTER ONLINE**